Ilene Fischman Bio 2011

Ilene Fischman, M.S., P.T., CEYT is a Licensed Physical Therapist who has been serving the tri-county area for over 20 years. She has extensive and diversified experience in a variety of healthcare facilities and types of conditions.

For the past three years Ilene has immersed herself in the studies of complementary alternative treatments and authentic wellness and healing systems. She got her start in Hatha yoga and Ayurveda at the Himalayan Institute through workshops and classes. Further education was obtained thru the Wise Earth School of Ayurveda (WEA) programs with Swami Mayatitananda, Nina Molin, MD, and Sarita-Linda Rocco. Ilene has completed Women's Health and Spirituality Level 1 and Food, Breath, Sound Level 1 (part 1).

Personal experiences of healing and growth has drawn and continues to draw Ilene towards wanting a deeper knowledge of yoga philosophy, anatomy, and poses. A student of Sarita – Linda Rocco, Yoga Inlet and Master Yoga Foundations has provided that training. She is certified as an Embodyment ® Yoga Therapist, an Introduction Svaroopa® Yoga teacher and will complete the 200 hr. and Basics Svaroopa® Yoga teacher training criteria at the end of March, 2011.